RECREATIONAL PROGRAMS
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- Unstuck and On Target!
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PROFESSIONAL SERVICES
- ABA SERVICES
  - Early Childhood Program
  - In-Home Programming

Ivymount Outreach Programs Catalog
- Fall 2019 Edition

www.ivymountoutreach.org
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Please visit [www.ivymountoutreach.org](http://www.ivymountoutreach.org) for specific program dates including school breaks and holidays.
Saturday Programs

Camp Live Out Loud
Camp Live Out Loud (LOL) is a Saturday morning program serving youth and young adults of all ability levels. Designed and led by a team of Ivymount trained staff, participants engage in a variety of activities focusing on music, movement, sports, games, cooking, and the arts. Guest Leaders and/or special activities will be featured each session. Tuition includes all camp materials, art supplies, snacks, daily reports, and more than 30 hours of engaging activities.

Designed for students ages 6 - young adult. Additional cost if 1:1 support is required.

Program runs for 10-week sessions on Saturday mornings from 10 AM – 1:15 PM.

Fall Session Dates: September 14th - November 23rd
Winter Session Dates: December 7th - March 14th

Girls Club
This group of girls will gather to talk about issues they care about, while working on a project or enjoying an activity together. The focus is on friendship and developing social skills.

Designed for middle and high school girls who seek reciprocal social interactions with peers. Additional cost if 1:1 support is required.

Program runs for 10-week sessions on Saturday mornings from 11AM -12PM

Fall Session Dates: September 14th - November 23rd
Winter Session Dates: December 7th - March 14th

ABA Generalization & Enrichment Opportunities
Do you already have a home service provider and are looking for opportunities for enrichment opportunities? Enroll your child in one of our recreational programs, which will provide an appropriate setting to work on program goals while participating in fun, engaging activities led by experienced Ivymount staff.
After-School Programs

Clubs

After-school clubs at Ivymount (formally called “Arts and Athletics”) provide extracurricular activity programs for students of all abilities. Groups are designed and led by Ivymount’s Adapted PE teachers, Art teacher, and other highly-trained Ivymount staff.

Participants participate in the activity of their choice. Each club will have a skill sharing, gallery display or scrimmage at the end of the session. Check the website to see what activities will be offered each session.

Designed for students of all abilities, ages 6-young adult.

Additional cost if 1:1 support is required.

Program runs for 10-week sessions on Tuesday and Thursdays from 3:30-5PM. Participants may choose Tuesdays, Thursdays, or both.

Fall Session Dates: September 24th - December 10th
Ivymount Outreach offers a variety of social skills programs based on curriculum developed at Ivymount. Programs target a variety of skills such as understanding friends and friendships, developing conversation skills, and playing games with friends. Programs are offered on a rotating basis across Fall and Spring.

Social Skills at Ivymount - Focus on Conversation

Our conversation groups address the “how” and “why” of conversation with activities that target conversation initiation, perspective taking, social motivation, active listening behaviors and gaining attention.

Elementary aged students will join the “conversation club” and meet a cast of kid friendly club members, including Friendly Freddy, Looking Louie, New Words Nate, and the club mascot, Paco the Parrot.

Older students will learn the “rules” of conversation through a concrete, systematic, and whimsical comparison to the rules of driving a vehicle using analogies like “Keep your eyes on the road” and “Steer the conversation”.

Designed for students ages 6-12, who are able to produce sentences of 4-5 words without support; attend to a speaker (peer or adult) for at least 15 seconds; and receptively and expressively answer simple WH questions (e.g., “morning” or “night” when asked a when question).

Program runs for 1 - hour sessions on Saturday mornings for 12 weeks.

Parent resources will be provided to facilitate a home connection.

Fall Semester Dates: September 14th - December 14th

Unstuck and On Target! & Applied Unstuck

Designed by Ivymount staff and other partners in the field, Unstuck and On Target! is an intensive executive function and social intervention learning experience for the entire family. The semester-long program is perfect for elementary and middle school children who struggle to understand compromise, how to be a friend, verbal and non-verbal social cues, and flexibility. Our follow up program, Applied Unstuck (offered only in the Spring), offers students who have gone through the Unstuck and On Target! program additional opportunities to practice their new skills.

Both programs include parent workshops and resources that teach parents how to embed the Unstuck strategies in dozens of everyday scenarios.

Designed for students ages 7-14, who are able to access learning through a verbal based instructional format. Language skills and cognition should be within the normative range. Generally students are able to participate in grade level curriculum at school although they may have disparities.

Program runs for 1 - hour sessions on Saturday mornings for 12 weeks.

Fall Semester Dates: September 1-4th - December 14th
PRE-EMPLOYMENT AND TRANSITION SERVICES

Self Advocacy

Using a program piloted at Ivymount School, students will develop self-advocacy skills through a variety of activities. By the end of the course, students will have identified their strengths, interests and challenges. Students will gain a better understanding of their disability, practice goal setting, and develop strategies and resources for problem solving. Students will plan a culminating event to “tell their story” and showcase the skills they have developed.

For participants who reside in Maryland, funding is available through the MD Department of Rehabilitation Services (DORS) Pre Employment Transition Services (Pre-ETS). Speak to your DORS Counselor to apply. Families can also pay privately for the program.

Designed for students ages 14-18 years old, who are able to communicate verbally, but may have cognitive or language challenges. Participants should be able to work in a group environment.

Program runs from 4:00 - 6:30 p.m. on Tuesday evenings for 12 weeks.

Fall Semester Dates: September 17th - December 10th

Ivymount Outreach will offer additional programs that qualify for funding by Pre-ETS. Check out our website www.ivymountoutreach.org in early winter for additional program information.
Early Childhood Programming

Our Early Childhood Clinic focuses on teaching preschool aged children the foundational skills necessary for learning. We provide a collaborative, evidence-based program to teach communication, preschool readiness, self-care and play skills and skills to develop meaningful social relationships. Services include comprehensive ABA with embedded speech and occupational therapy. Services available in our full day clinic on-site at Ivymount. Clinic runs Monday-Friday 8:30 a.m. - 2:30 p.m.

In-Home Programming

Our home programs are individually designed based on the needs of each client and their family. We collaborate with families to teach targeted goals or provide comprehensive ABA programming in home and community settings. All ABA staff are Ivymount trained and supervised. Services available after-school and on weekends.
Extending Ivymount’s Exceptional Services to the Community

Ivymount Outreach shares the expertise of Ivymount School and The Maddux School with the greater community. We offer services by highly trained staff to individuals, families and professionals. Our services include recreational, educational, and therapeutic programs, as well as trainings and consultation across a variety of topics in the field of special education.

Register now!

Visit www.ivymountoutreach.org for more information or to register.

Email outreach@ivymount.org or call 301-469-0223 with questions.

Exciting Updates from Ivymount Outreach

- Cooking Club now offered after-school starting September 24th
- Special guests Only Make Believe and ZamDance will provide interactive performances at Camp LOL
- Check out our new Self Advocacy Tool This is Me
- www.ivymountoutreach.org/thisisme